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# FIRST AID course

Emergency First Response, First Aid at Work

Course covers the following

- Primary Care (CPR) DRABCD'S Background and Definitions
- Primary Care Skill Development
- Secondary Care (First Aid) - Background and Definitions
- Helping Others in Need
- Emotional Aspects of Being an Emergency Responder
- Protecting Yourself Against Bloodborne Pathogens
- Understanding the Human Body
- Body Systems
- Recognising Life-Threatening Problems
- Maintaining an Appropriate First Aid Kit
- Injury First Aid
- Accident Related First Aid
- Illness First Aid
- Venomous Bites and Stings First Aid
- Emergency Care in the Workplace



We can run the course to suit your requirements, couple of night or over a day. We only run small groups of about 2-4 people

On completion of course and assessments you will receive a statement of attainment within 2 weeks

Costs Apply First Aid \$125

First Aid at Work course to meet the following Nationally Recognised Training units of competency from the Australian vocational Health and Outdoor Recreation Training Packages:

- - HLT CPR201A: Perform CPR
- - HLTFA201A: Provide Basic Emergency Life Support
- - HLTFA301B: Apply First Aid